

Newsletter of the Sunrise Optimist Club

Celebrating over 60 years of service to Youth & North Topeka!

The Tuesday evening meeting of the Sunrise Optimist Club was at the Vikings Grille. President Tim McCoy called the meeting to order at 6:30 PM with 18 club members present. Guests included Scott Souther, Michelle Rose (Alan Rose's daughter-in-law) who help with the golf tournament and Nick Lewis, guest of Larry Zirkle. Don Pekrul gave the invocation. Then we recited the Pledge of Allegiance.

BIRTHDAYS: Birthdays this week are Darrell Dade, March 26; Dale Long, March 28; Roberta Galligher & Pete Foster, March 30; Lloyd Becker, March 31. Lloyd & Roberta were present and enjoyed our birthday song rendition.

ANNOUNCEMENTS:

Easter Egg hunt is Saturday, March 30. Two bicycles will be raffled.

Sports news: Volleyball league with 18 teams starts next weekend. Baseball league for 9th/11th grades may be offered depending on interest.

38th Bob Cutter & Alan Rose Optimist Golf Tournament, July 26: sponsors needed for tee box ads and golf carts.

Third Quarter Kansas Optimist District meeting & District Oratorical Contest, April 19-20, Junction City; meeting at Zion United Church of Christ, 1811 McFarland Road.

<u>Program</u>: Jeremy Thomas's subject, Dental Implants

He is a former college quarterback and has recently played arena football for Omaha. After college he was an Army medic. He has worked in various roles in health care for 25 years. He now is a regional manager for a health care organization.

Maintaining healthy jaw bones is critical for long life of teeth. If a missing tooth is not replaced, the jaw bone below the missing tooth will deteriorate and impact adjacent teeth.

Dental implants maintain health and restore smiles. There are 3 parts to implants which become stable and permanent after 6 months. As an alternative, dentures may often include some implants for stability. With dentures alone, however, bite force decreases 90%.

Employers determine the level of dental coverage, as well as, the national minimum standard of care. Medicare provides more dental coverage than other health insurance.

Upcoming Events:

April 2: Mike Monaghan, Seaman Tennis Coach & Brecken Andrews (Eagle project to entrance of tennis courts)

April 9: Jay Monhollon, Seaman Softball Coach

April 16: Students of the Month

President's Quote:

"Motivation comes from working on things we care about."

- Sheryl Sandberg, former COO of Meta Platforms





A FUN TIME HUNTING CANDY, BOUCING ON THE INFLATABLE (AGES 2-12),
AND SOME RAFFLES!!! PLEASE BRING YOUR OWN BAGS/BASKET

MARCH 30TH 3:17 PM



SUNRISE OPTIMIST BASEBALL FIELDS

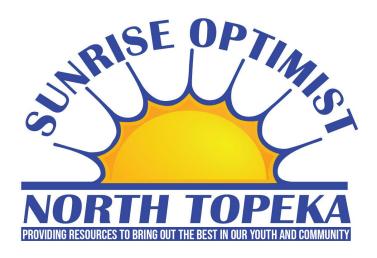
720 NW 50TH, TOPEKA KS Wear comfortable clothes and sunscreen!

Sponsors include:



We all need connection.





Dear Fellow Easter Bunnies,

The North Topeka Sunrise Optimist Club will be sponsoring our Annual Easter Egg Hunt on March 30th, at 3:17pm. We are expecting approximately 400 youth between the ages of 2-12 years old at this event. There is no charge and it is staffed by Sunrise Optimist volunteers.

Please help us to provide a quality Easter program for these youth by considering a donation for this event. All donations will be used for candy, prizes, and coupons for this event and will be greatly appreciated.

Please contact us within the next few days to answer any questions you might have and to hopefully set up a pick up time for your donation.

We would also like to invite you and your company's employees to bring your own children to this special event.

Thank you for helping us provide a positive and safe program for the Topeka area youth. It is with your support we are able to do so. If there are any questions or concerns please contact:

Dennis Reedy at 785-640-0834. Or dreedy 1981@gmail.com

Sincerely;

Dennis Reedy Sunrise Optimist Activities Director 4013 NW Rochester Rd Topeka Ks. 66617 785-640-0834

"Service to Youth and the North Topeka Community since 1962"

The Sunrise Optimist Club, Inc. (Tax ID: 48-6116750) is supported by fundraising activities and voluntary contributions and is a tax-exempt corporation under provision 501(c)(4) of the Internal Revenue Code.

Hole Sponsorships \$115 2 or more \$100 each Company or Individual Information: Name: Contact: Address: City: _____ State: __ Zip: ____ email: ____ Phone: ____

Corporate Sponsors Welcome!

Opportunities:

- Beverage Sponsor \$200
- Lunch Sponsor \$200
- Major Sponsor \$300
- Cart Sponsor \$50

Provide Sponsorship information by July 1st

Raffle Items and Donations Welcome!

To aid and encourage the development of youth in the belief that the giving of one's self in service to others will advance the well-being of people, the community and the world.

Special Thanks to:

Indian Rock Golf Club, Lake of the Ozarks

Waters Edge Motel, Lake of the Ozarks

Boulder Creek Golf Club Las Vegas

Great Life Golf and Fitness

Eagle Bend Golf Course Lawrence, Kansas

Lake Shawnee Golf Course

DeBackers, Inc.

CEK Insurance

North Topeka Fabrication

Major Sponsors:





38th Annual Bob Cutter/Alan Rose Golf Classic



Lake Perry Golf Course July 26, 2024 Prizes on Every Hole!

Tournament Host:
Sunrise Optimist Club of North Topeka
Celebrating 38 years of hosting a Golf
Tournament!

This tournament raises money to fund the many programs geared to enrich the lives of the youth of North Topeka. Our outreach is directed to the youth of our community. We provide programs and opportunities for them to acquire new skills as they grow to become productive citizens and responsible adults. We "Bring out the best in kids" by creating hope and a positive vision of the future.

THANK YOU in advance for your dedication to helping our youth.

Tournament Information

Golf Entry per Team: \$320 After June 30th Team Entry Fee: \$360 Golf Entry per Player: \$80 After June 30th Player Entry Fee: \$90

Entry Includes:

- Round of Golf, Cart Included
- Mulligans: 2/player
- Lunch
- Free Soda and Water
- Hole Prizes
- Cash prizes: 1st & 2nd place, 2 flights
- Great time helping over 1,400 Boys and Girls

Tee Time 10:00 AM, but be there by 9:00 for Pre-tee instructions

Entries Please Pay by: June 30, 2024

Format: 4 person scramble

Skins Game: \$10 per Team (Cash)

For more information please contact:

Dan Lill 785-414-0018

Scott Souther 785-250-8102



Lake Perry Country Club 6506 Cherokee Lane Ozawkie, KS 66070 785-484-3904



Thank you for your support in the past! Looking forward to future tournaments.

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Team Captain:
Contact info:
Player info:
Name:
Address:
City:State:Zip:
email:
Phone:
Other Players Names:
2
3
4

Early Registration is appreciated.

Make checks payable to: Sunrise Optimist Club

Remit to:

Sunrise Optimist Club P.O. Box 8816 Topeka, KS 66608